

Angel House Summer Menu

Meals Catered by Mercy Medical

Breakfast is served daily and includes Rice Chex or Cheerios, 100% Orange Juice and with 1% Milk

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Graham Crackers 1% Milk	Chex Cereal 1% Milk	Teddy Grahams 100% Apple Juice	Animal Crackers 1% Milk	Cooked Oatmeal with Cinnamon & Raisins 100% Orange Juice
Lunch	Italian Meatloaf Mashed Potatoes Beef Gravy Sweet Corn Wheat Bread 1% Milk	Chicken Strips Ranch Potato Wedges Tuscany Vegetables Wheat Bread 1% Milk	Roasted Sliced Chicken Mashed Potatoes Chicken Gravy Key West Veggies Wheat Bread 1% Milk	Hamburger on Bun French Fries Cauliflower 1% Milk	Fish Filet on Bun French Fries Baked Beans 1% Milk
Afternoon Snack	Canned Peaches Triscuits Water	Fresh Banana 1% Milk	Yogurt w/Frozen Sliced Strawberries Club Crackers 1% Milk	Canned Applesauce Wheat Thins Water	Cheese Stick Ritz Crackers Water

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Cheerios in bowl with 1% Milk 100% Orange Juice	Oyster Crackers Craisins for Ages 4,5 Water for ages 4,5 1% Milk for Ages 2,3	Goldfish 100% Apple Juice	WG Bagel with Cream Cheese 1% Milk	Graham Crackers 1% Milk
Lunch	Pork Tenderloin on a Bun Cauliflower Pears 1% Milk	Cheeseburger on a Bun French Fries Mandarin Oranges 1% Milk	Roasted Chicken Mashed Potatoes Poultry Gravy Glazed Baby Carrots Wheat Bread 1% Milk	Chicken Strips French Fries Green Beans Wheat Bread 1% Milk	Slice of Cheese Pizza French Fries Zucchini Wheat Bread 1% Milk
Afternoon Snack	Cheese Cubes Pretzel Sticks Ages 4/5 Ritz Crackers Ages 2/3 Water	Cottage Cheese Club Crackers 1% Milk	Fresh Apple Slices Wheat thins 1% Milk	Canned Pears Cheez-its Water	Fresh Baby Carrots with Ranch Dip – Ages 4/5 Cottage Cheese Ages 2/3 Triscuits Crackers Water